

E-Safety tips for Parents/Carers

Explore the 'online world' together

Talk to your child about what the internet is and explore it together so you can show them all the great fun and educational things they can do. Put your computer or main device in a communal area like the lounge or kitchen so you can keep an eye on how they're using the internet and also share in their enjoyment. Teach your child to talk to you if they see something that makes them feel 'scared or unhappy' about something they see online.



Put yourself in control

Install parental controls on your home broadband. Most internet-enabled devices also allow you to set parental controls so you can manage what content your child can see.



Use passwords

Keep your devices out of reach when you are not around and set passwords on all your internet-enabled devices – phones and tablets as well as computers.



Search safely

Safe search settings can be activated on Google and other search engines, as well as YouTube.



Manage access

Set your homepage to a child-friendly site like CBeebies and create a user account for your child on the family computer or device which only allows access to sites you've chosen.



Set boundaries

It's never too early to start setting boundaries. Set some rules about how long your child can spend online.

